

Short Landing Page copy for a Yoga Group that offers specialized yoga for (male) weight lifters.

FIX YOUR GUNS: IronBack Yoga for MEN WHO LIFT.

Yo Gym Rat!

Pushing yourself in the gym but PR won't budge? I know. Frustrating as hell...

Not to mention the muscle cramps, aches and strains you get from all that training.

In almost ALL cases, **you are weak because you are STIFF**. Stiffness prevents blood from flowing to your muscles and makes them underperform. You know, kind of like when at Netflix and Chill your girl lays on your guns for too long...

Now you can say adios to your problems because Ironback Yoga **will stretch the living sh*t out of you**. Soon, you'll be able to:

- Fix your postural muscles and look like a God of War.
- **Resolve muscle imbalances and become a well-rounded lifter.**
- Perform lifts your competition can't because they lack mobility.
- **Increase blood flow to your muscles and harness its full power!**

Caffeine? Creatine? Carbs?

NO matter how much you stuff yourself with that crap, if your muscles don't get enough oxygen THEY WON'T PERFORM!!! It's simple math...

More blood flow = stronger muscle

Besides...

What good is if you are jacked as hell but can't move? NO GOOD! **A true warrior is hard as steel yet flexible as a fine bow.**

So I hope you are brave enough to pound your body with some BRUTAL stretches...
Made specifically for MEN WHO LIFT HEAVY SHIT.

If you are, join us every MONDAY and TUESDAY at 17:00 at the 900 Wilshire Boulevard, 7th Floor.

⇒ No prior reservation required - first visit is FREE! (See offers below...)

Remember, all our services come with LIFETIME moneyback warranty! If you are unhappy with our services, we will offer you a FULL REFUND.

Sounds fair? I know it does, it's **completely risk-free**.

If you have any more questions, simply pick up the phone and call 051-562-553 and I'll answer all your questions.

Sincerely,

Iron Mike

P.S. Ironback yoga is NOT FOR WUSSIES! This is an INTENSE yoga program made for HARDENED MEN who LIFT HEAVY WEIGHTS! So if you don't fit that category - DON'T APPLY! There is no coddling here, Ironback Yoga cares only about results.